

**EXPAND
YOUR
COMFORT
ZONE**

#DiscoverEU

DiscoverEU Pre-departure Gathering
Saturday, 5th July 2025
Makerspace, Larnaca, Cyprus



DiscoverEU: Smart Packing Checklist

Use this checklist to help you prepare for your trip across Europe with DiscoverEU. Pack smart, pack light, and travel safely!

Travel Essentials

- ☐ Passport or National ID (valid and not expiring during travel)
- ☐ European Health Insurance Card (EHIC) or travel insurance documents
- ☐ DiscoverEU travel pass (digital)
- ☐ Train ticket apps (e.g., RailPlanner, Interrail/Eurail app)
- ☐ Small printed copy of accommodation addresses & emergency contacts
- ☐ Student ID / European Youth Card (for discounts)
- ☐ Debit/credit card + backup payment method (some cash in EUR)
- ☐ Copy of passport & important documents (paper or USB/cloud)

Clothing & Personal Items

- ☐ Lightweight clothing you can layer (weather-appropriate)
- ☐ 1 warm jumper or hoodie (depending on when you travel)
- ☐ Comfortable walking shoes/trainers
- ☐ Flip-flops (hostel showers/beaches)
- ☐ Rain jacket or poncho
- ☐ Underwear & socks (3–5 days' worth)
- ☐ Sleepwear
- ☐ Small towel (quick-dry is best)
- ☐ Sunglasses, hat, reusable water bottle

Toiletries (Travel-Size)

- ☐ Toothbrush & toothpaste
- ☐ Shampoo, soap or body wash (solid bars recommended)
- ☐ Deodorant

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- ☐ Sunscreen & lip balm
- ☐ Personal hygiene products
- ☐ Small first-aid kit (plasters, painkillers, meds)
- ☐ Disinfectant (spray and/or wipes)



Smart Travel Add-Ons

- ☐ Reusable utensils & collapsible cup
- ☐ Money belt or secure inner pocket
- ☐ Notebook/pen
- ☐ Offline maps or downloaded travel guides
- ☐ Travel laundry soap or detergent sheets
- ☐ Compact reusable bag (for laundry or groceries)
- ☐ Snacks & games (e.g. cards) for long train rides
- ☐ List of emergency contact details & CY embassy phone numbers
- ☐ Earplugs & eye mask – for peace on trains or in hostels
- ☐ Small sewing kit – for quick gear repairs.



Tech & Digital Prep

- ☐ Universal plug adapter
- ☐ Power bank
- ☐ Phone with charging cable
- ☐ Headphones (noise-canceling if possible)
- ☐ Offline translations in Google Translate
- ☐ E-reader or one paperback
- ☐ Cloud backups of ID & tickets
- ☐ Spotify playlists / Netflix shows downloaded